

College of Optometrists in Vision Development Quality of Life Checklis
Patient Name

Patient Name	
Completed by	

Check the column that best represents the frequency of each symptom then total your or your child's score.

	Never	Seldom	Occasional	Frequently	Always	Score
Headaches with near work	0	1	2	3	4	
Words run together reading	0	1	2	3	4	
Burning, itching, watery eyes	0	1	2	3	4	
Skips/repeats lines reading	0	1	2	3	4	
Head tilt/closes one eye when reading	0	1	2	3	4	
Difficulty copying from the chalkboard	0	1	2	3	4	
Avoids near work/reading	0	1	2	3	4	
Omits small words when reading	0	1	2	3	4	
Writes up/down hill	0	1	2	3	4	
Misaligns digits/columns of numbers	0	1	2	3	4	
Reading comprehension low	0	1	2	3	4	
Holds reading material too close	0	1	2	3	4	
Trouble keeping attention on reading	0	1	2	3	4	
Difficulty completing assignments on time	0	1	2	3	4	
Always say "I can't" before trying	0	1	2	3	4	
Clumsy, knocks things over	0	1	2	3	4	
Does not use his/her time well	0	1	2	3	4	
Loses belongings/things	0	1	2	3	4	
Forgetful/poor memory	0	1	2	3	4	

Total	
Score	